

ENERGY USE GOAL TRACKER



- 1 Monitor at least five appliances for 24 hours with the Kill A Watt Monitor. (You can use an appliance from the list, or add your own.) Write down the kWh usage you observe and the day of the week.
- 2 Measure the same appliance on the same day the next week. Use the tips you've learned to reduce your kWh usage that day. (See all the tips at projectenvolve.com/energy-tips)
- 3 Try to save even more energy on the same day in Week 3 than you did in Week 2!

ITEM	WEEK 1 Baseline 24 Hour kWh Amount/Day	WEEK 2 24 Hour kWh Amount/Day	WEEK 3 24 Hour kWh Amount/Day
TV			
Cable Box			
Cell Phone Charger			
Computer			
Video Game Console			
Refrigerator/Freezer			
Most Used Lamp/Light			
Dehumidifier/ Air Filter Tower			
Coffee Maker/Keurig			